



HERITAGE
International School



THE INTERNATIONAL HERITAGE HERALD

November 17, 2023



THOUGHT FOR THE WEEK

“I think kindness is probably my number one attribute in a human being. I’ll put it before any of the things like courage or bravery or generosity or anything else.” —Roald Dahl.

DIRECTOR'S WEEKLY NOTES

The View from Dacia Boulevard:

I hope everyone managed to get some sort of break and we are ready to take on the second half of semester 1 down into the winter and December. Thank you to everyone for the wonderful autumnal celebrations in Week 8 and I like the fact that as an international school we always get to hold all sorts of celebrations from our communities. November is one of my favourite months in school for Conkers, Halloween, Golden Autumn and Thanksgiving. I know students have worked hard for the November exams session and mocks have now begun in earnest across the school. I have seen a positive shift in the academic culture of the school these past years and I was pleased to hear from former A-Level students telling our Lyceum teachers how better they are prepared for study at university now. We have had a lot of teachers involved with educational events recently, including Mrs. Larisa presenting to Moldovan teachers in the National Library and Mrs. Adriana going to Seville for an eTwinning conference. We had a number of Heritage teachers at the national eTwinning workshops during the break. My thanks to Mrs. Tatiana for taking our World Scholars' Cup team of students to the USA competing at Yale University and they also got to Boston, visiting MIT and Harvard. I am very grateful for the "above and beyond" staff do for Heritage and at the various diplomatic events I represented the school at recently, people wanted to tell me how proud and pleased they are of our school. We know the work it takes daily to operate our school, the partnership with home, and to get to the standards we all want to be at. On 10th November, we met with the Minister of Education and discussed a number of topics directly with him and to support his agenda to modernise and change education fit for purpose in the 2020s and beyond for Moldova. If you get a chance to look at the school's Facebook, you will see some of the videos of our 1st A-Level students at universities globally and in Moldova relating their experiences at school and now at university. As I said to Mrs. Natalia, our Chair and co-Founder, about her original vision at the beginning, "The idea of Heritage definitely works".



It is definitely autumn with the rain and cooler temperatures. I almost switched my heating on. At the end of Week 10 we are nearly a third of the academic year through and we are planning our Christmas events for students to end the semester on a good note. On the weekend, Mrs. Melek took the Lyceum debating team to Bucharest for the Winston Churchill/COBIS Black Sea Schools debating competition. We are so proud of what they achieved and how impressed the judges were. A special mention has to go to our Student President, Sabina Turcan, for being awarded speaker of the tournament. We have also been in touch with the organisers of a crucial local charity we support annually at this time, The La Via centre and Hospices of Hope. We will be collecting food for our elderly citizens and toys

and suitable resources for vulnerable children in the care centres locally for young people. Developing social responsibility and public duty are key values essential to our mission at Heritage. In the climate

of dreadful international news stories, we want to focus on hope and the good we can do in our communities. We want to change this World and prepare better future leaders, and we need to do it daily. On Monday, we have the prestigious honour of welcoming the Head of Cambridge Europe, Mr. Martin Nuttall, to Moldova and Heritage, and Martin will also be meeting the Minister of Education, along with our senior academic team. The future really does start here. Enjoy our latest edition of the IHH newsletter.

Rob Ford
CEO & Director.

HERITAGE IN THE WIDER WORLD

Dan Worth
@DanWorth

A great piece here Rob Ford at @HIS_Moldova about how to handle 'unexpected' conversations, questions, or requests for life advice from staff - including insights from an off-script NPQ roleplay session with a jobbing actor from Casualty...



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Tales of the unexpected: how to handle strange conversations

From relationship advice to eyeshadow ideas, leaders can face left-field questions from staff that veer into the personal – something Rob Ford says requires a good poker face

9th November 2023, 10:06am

Rob Ford

John Rolfe MBE
@yorkshirejohn

Many thanks from @GSchoolAlliance to the inspirational Rob Ford and the fantastic @HIS_Moldova for all your brilliant support and commitment to outstanding global communication and collaboration... proud to work with you and learn from you...

Heritage International School-Moldov... - 4d

It was a pleasure to meet Minister of Education, Dan Perciun, to discuss a range of topics, working together across sectors in the national education community. @CambridgeInt Mr. Martin Nuttall visits here Nov.20 as we aim to transform education in #Moldova for all students



otpbank.md



20 likes

otpbank.md We are honored to support the expansion of @heritagemoldova. More students will have access to international academic and professional opportunities. At Heritage High School, students are studying on the Cambridge International A Level curriculum – the "gold standard" in global education that gives graduates access to over 1,600 universities worldwide.

Acest proiect a fost realizat cu asistența financiară a Uniunii Europene și EU4Business-EBRD Credit Line.

British Council Schools
@Schools_British

Congratulations! 🏆🏆

HIS_Global_Education @his_global · 1d

Our debating team is coming back from #Romania with very good results in the @COBISorg Debate Competition! They showed excellent debating skills, and Sabina T got the Best Speaker Award! Congratulations to you all! You've made us very proud, again! 🏆🏆🏆



Larisa Mirza
@HIS_larisamirza

I've just presented a session on the Paradigm Shift in education transitioning from #teachercentered to #studentcentered instruction. What an incredible audience and fantastic engagement! Thank you all for the insightful discussions and amazing feedback. @HIS_Moldova @MetaMoldova



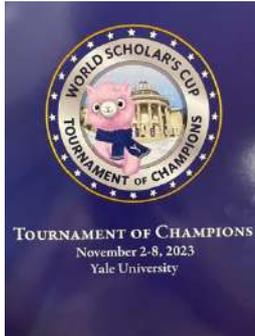


 **The British International School, Ukraine** ...
@BritishUkraine

Honoured to welcome @HIS_Moldova Director, Rob Ford, as our special guest at BISU Primary and Secondary Assemblies. He'll address our students in #Ukraine, sharing insights on the UK Parliament, Armistice and Remembrance commemorations. Look forward to this inspiring session!

 **Heritage International School-Moldova...** · 4d
"Tenderness needed for tumultuous times"

In his latest blog, Heritage Director, Rob Ford, looks at how our values in global education, particularly the need for compassion, internation...



ARTICLES/STORIES OF INTEREST

- 1) UNESCO 2023 Global report on teachers. Addressing teacher shortages. Highlights; <https://teachertaskforce.org/knowledge-hub/global-report-teachers-addressing-teacher-shortages-highlights>
- 2) Varkey Foundation Global Teacher Prize 2023 winner, Sister Zeph; <https://globalteacherprize.org/pages/sister-zeph-2023>
- 3) TES article. Tales of the unexpected: how to handle strange conversations; <https://www.tes.com/magazine/leadership/staff-management/how-to-handle-unexpected-conversations-school-head>
- 4) Latest Mail from Moldova blog Nov 23; "Tenderness needed for tumultuous times"; <https://mailfrommoldova.home.blog/2023/11/11/tenderness-needed-for-tumultuous-times/>

5) SHATTERPROOF An ECW-supported initiative, implemented by UNICEF, is installing shatter-resistant window film for children and adolescents to be safer in their schools in Ukraine; <https://www.educationcannotwait.org/news-stories/human-stories/shatterproof>

6) Children on both sides are the silent victims of this war – why doesn't international law protect them? Gordon Brown; <https://www.theguardian.com/commentisfree/2023/oct/27/children-victims-war-hamas-israel>

7) Moldova, Greece Taking Steps to Tackle Violence Against Women: Reports; <https://balkaninsight.com/2023/11/14/moldova-greece-taking-steps-to-tackle-violence-against-women-reports/>

8) Can vaping damage your lungs? What we do (and don't) know. Vaping is on the rise among teenagers, but reports link it to severe lung disease; <https://www.health.harvard.edu/blog/can-vaping-damage-your-lungs-what-we-do-and-dont-know-2019090417734>

9) 40 Fun Thanksgiving Activities to Bring the Whole Family Together. There's so much more to do than just eat!; <https://www.thepioneerwoman.com/holidays-celebrations/g37223003/thanksgiving-activities/>

10) Why is walking healthy?; <https://www.bbcgoodfood.com/howto/guide/10-benefits-of-walking>

NEWS FROM PRIMARY

1A students learn about the food pyramid in IPC lessons

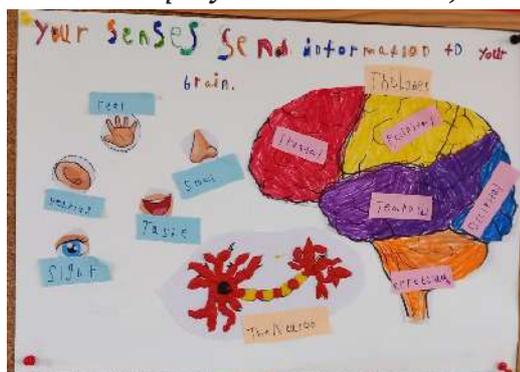




IPC lessons in 1E



For the Human Body Unit, 1E class worked on recognizing the five senses and how do they connect to the brain. They built a diagram which displays the Five Senses, the Brain and the Neuron.





Learning how to manage big feelings and emotions is an important step in every stage of growth of any person. 1E has been training on not only managing but also recognizing them. This ABC of feelings was a helpful tool to understand what people feel!



Shapes are everywhere! The students in 1E worked on a math stem project and built 3D shapes using clay and matches. The students discussed such concepts as shape vertices, shape faces and shape edges. They further discovered that the 3D shapes are built by combining 2D shapes.



As part of the Global Connections Marathon, we organised a virtual meeting with the students of the 2nd A class in Romania, the city of Brasov. We travelled 639 km. virtually to meet with the children from Romania.



ESL students led by their teacher Mrs. Ludmila Velixar took part in Raz Kids Charity Campaign 2023 between October the 9th and November the 3rd, total donation of stars 234.000. As students read and completed assignments within the Learning A-Z student portal, they earned stars that were donated toward healthy meals, clean water, and school supplies to communities in need. This challenge provided an opportunity for Heritage students to make a life-changing impact on communities in need around the world simply by reading and Increasing reading literacy with Raz Kids. Great job!



The 2nd A class and the 3rd A class organised a poetry recital. The students presented their favourite poems through role-play



Kindness on World Kindness Day and every day



Climate Action Project 2023, 2nd grade A and B students are proud to receive certificates for their hard work.



Our students choose kindness (World Kindness Day)



Exploring the anatomy of a pumpkin and the life cycle of a pumpkin. 4E students collected seeds for spring to plant in our class garden.



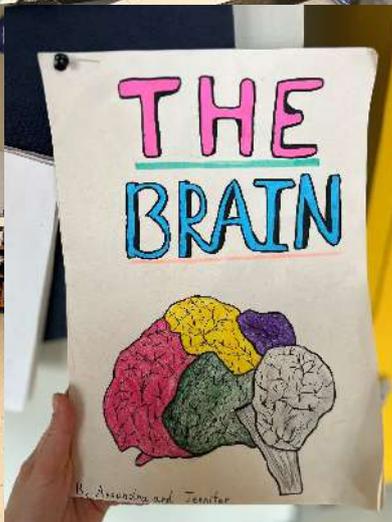


Today's aim for the 6E pupils was to learn the mysteries of boiling points. In the lab, we had water, vinegar, milk, honey, orange juice, and oil ready to sizzle. "Who will reign supreme as the boiling point champion?" was the question they set out to solve.





Our students dedicated significant time and effort to create a compelling book centered around the intricacies of the brain in IPC Brainwave unit. It was a collaborative effort that not only fostered creativity but also provided valuable insights into the fascinating world of neuroscience. The team presented their completed Brainwave unit book. The presentation was not just a showcase of their hard work but also a testament to the wealth of knowledge they gained throughout this project.



We held a joint Technology and Cambridge Maths lesson for our Cambridge Math project "Shapes in the City". 1B and 2B students explored shapes and angles, constructed shapes and objects, and built 3D houses. Parents actively participated and helped their children so that everyone was very pleased and inspired.





1st grade students participated in the World Weather Watch 2023 project that took place during World Education Week. Every day of the week, at 12.00 noon, students made observation of the weather. How diverse the weather is, the pupils will reflect when they analyse the tables filled in by all the participants in this project.





Spelling Bee 2023



Thematic project "Natural phenomena" in School Starter



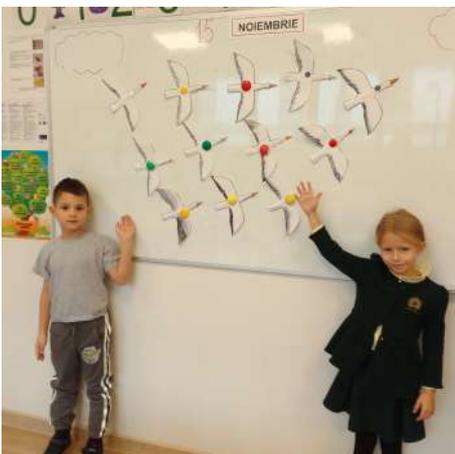


School Starter Thematic project "Goodbye, migratory birds!"

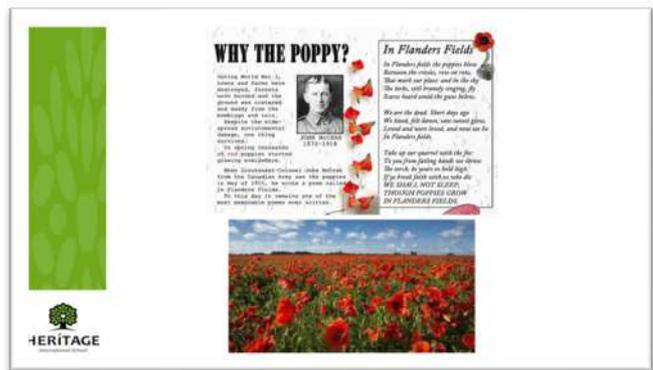




School Starter Thematic project "Goodbye, migratory birds!"



Gymnasium & Lyceum Assembly



Public Exams of Cambridge Assessment International Education (CAIE) November 2023 Series:

Few students availed the opportunity to improve their grades as a retake / resit in the November 2023 exam series for the qualifications of IGCSE and GCE AS and A Level started on October 2, 2023 in Heritage International School and the last exam was held on 16th November 2023.

Results Release Dates:

IGCSE results will be released on Thursday, 18 January 2024

GCE AS & A Level results will be released on Wednesday, 10 January 2024



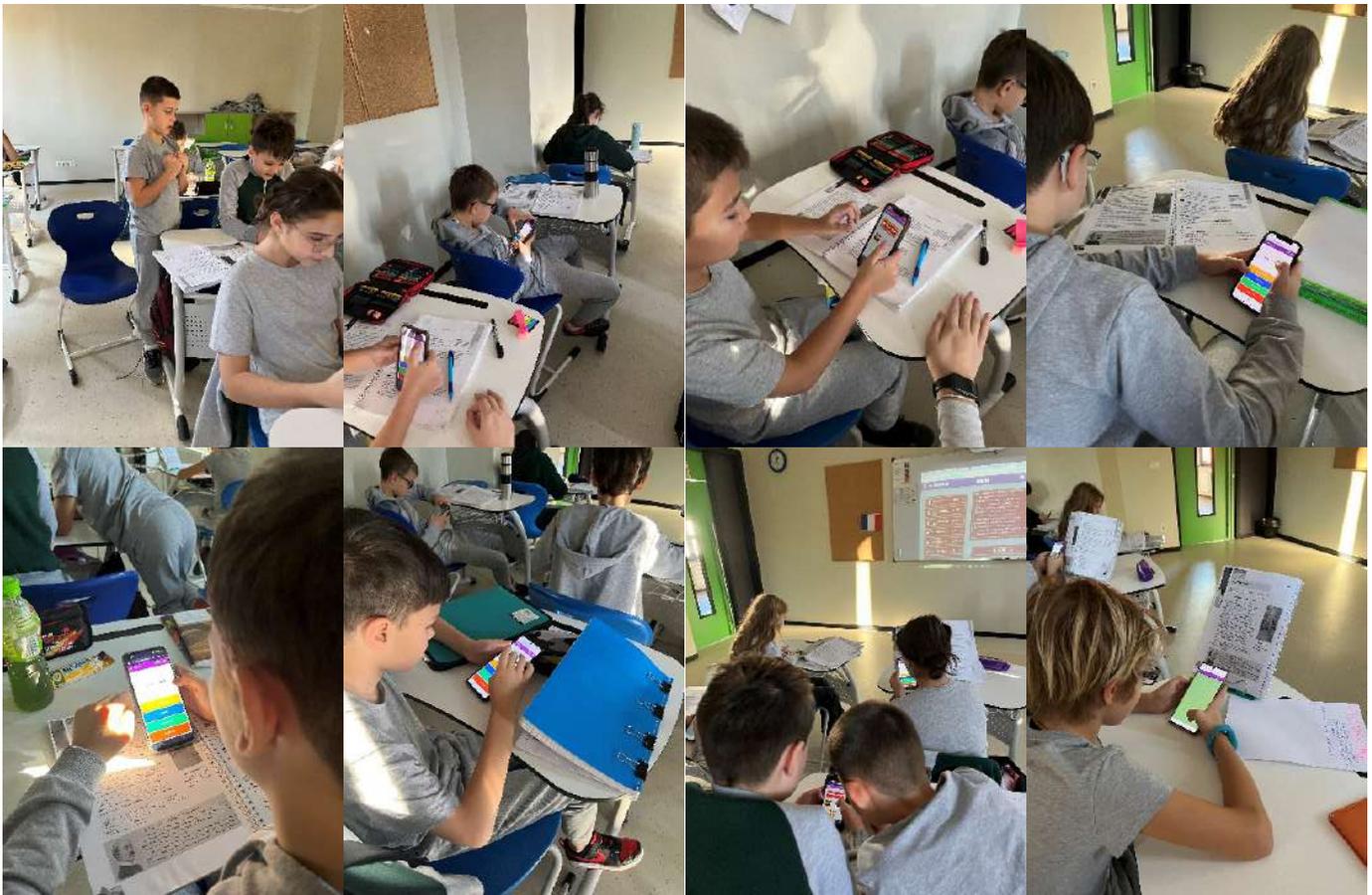


6B students had a wonderful field trip to Ralli-Arbore Family Manor, Dolna





Educational play is a great way to learn and 5th A students reinforced their knowledge in a fun environment.



7 A students, together with their Music and Arts teachers, were involved in the International Climate Action project, after 6 weeks of hard work and great collaboration experience they received certificates of participation.





Math Project "Percentages in Real life"







On Thursday, November 16 our Secondary students took part in Best in English International English Language competition, a unique online English language competition within the EU and beyond. Our students participated among 702 schools from 34 countries



NEWS FROM LYCEUM



Recommended Cambridge International A Level subjects for the most popular careers



Heritage Lyceum is the only one in Moldova providing the Cambridge curriculum and globally recognized AS and A Level qualifications.

Heritage Lyceum learners become:



Within the Cambridge International AS & A Level Program



Heritage Lyceum is the only one in Moldova providing the Cambridge curriculum and globally recognized AS and A Level qualifications.

Our A and AS students welcome another visitor - this time Regional Representative of EU Business School (campuses in Barcelona, Munich, Geneva and Digital)





Virtual Debate Competition

1-3 December 2023

For students aged 16+ in Y11-13

DEBATE MATE



GLOBAL EDUCATION

We were honoured to have had US Ambassador Kent D. Logsdon visit Heritage International School again! It was a valuable meeting where we learned from his wisdom and discovered new perspectives on things happening in the world. He also shared with us the secret to becoming a successful diplomat, but also the challenges that diplomats face throughout their careers.

We would like to thank Ambassador Logsdon for this visit and for answering all the questions, our students were simply fascinated!

P.S. Ambassador Logsdon joined our call for food donations for the FOMS animal shelter and he brought a big bag of dog food as well.

MEET OUR FOUNDERS' LECTURE NO.2 SPEAKER
H.E. KENT LOGSDON

Students are invited to the Eminescu Library at Heritage International School for a Q&A session with HE Kent Logsdon, the USA Ambassador to Moldova.

Thursday, 26th of October at 3pm, Heritage Library/ Google Meet



eTwinning project "My future looks so bright..." online meeting with Cornelia's pupils in school nr.9, Braşov , Romania. We met each other and played online games related to jobs and careers.



Every November, Heritage International School is part of the global event, named International Education Week.

As a tradition, we organise a global connections marathon, inviting teachers to connect their classrooms to other classrooms in the world, or to connect to other people in education during this IEW week.

We launched it on Monday, announcing all staff about it and on Tuesday, our students played Kahoot! games with students at Mankaa Secondary school in Espoo, Finland. They answered cultural questions about Moldova and Finland and had much fun. Thus, both teachers decided to meet again next week to play games on Children's Rights Day.



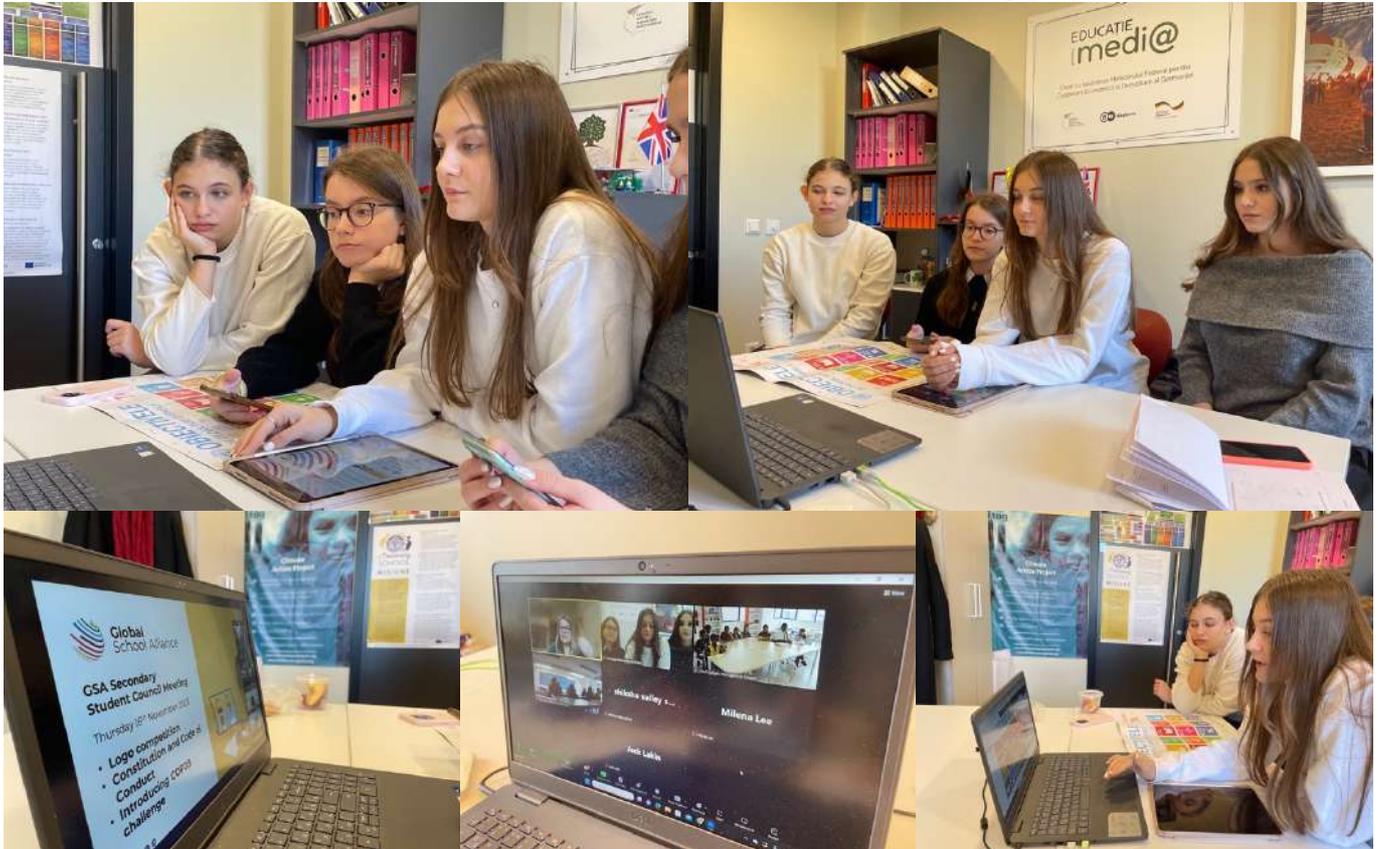
On Wednesday, students in IGCSE and grade 7 met with Kirsten Emery Lewis, a financial analyst and lover of books from Irvine, California. Our Heritage students had a warm and interesting discussion about books with Kirsten and they promised each other to send further book reading lists as recommendations.

But not only secondary students, the primary students in grade 1A, led by their teacher Mrs. Adriana Bujag, had a meeting with students in Brasov, Romania to celebrate international education.



On Thursday, our Student Council members that are part of Global School Alliance met with SC members from other schools, where Sabina Turcan, the President of the GSA Student Council hosted the event. They discussed logos, activities and potential future projects.

Also on Thursday, our primary students in grade 2A, led by Mrs Stela Ciorba, had a meeting with their counterparts in Romania, Brasov. This activity was part of their eTwinning project.



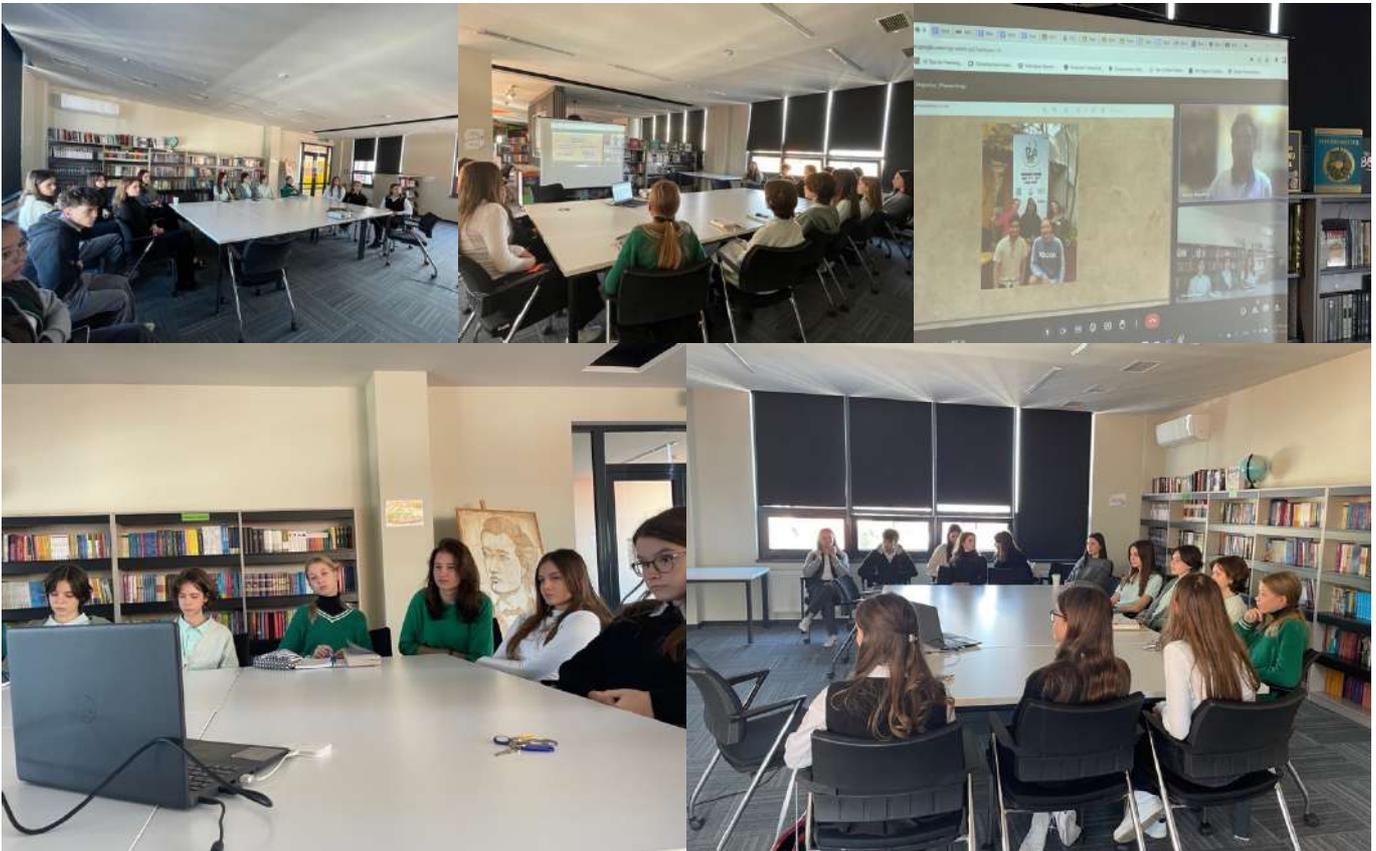
Also on Thursday, our Director Mr. Rob Ford spoke to primary and secondary students at British International School of Ukraine. To primary students, he spoke about democracy. He spoke about Moldova and Britain, but also about our school community. As guest speakers, he invited also some Heritage Student Council members.

Our students spoke about the way democracy is shown daily at Heritage, what the student councils do and how the students are part of the decision-making process.



On Friday, our Heritage Secondary Student Council met with Daniel Mapatac, Volunteer Placement Officer at Welsh Centre for International Affairs.

Daniel shared with them a bunch of opportunities, projects and schemes our young people could get involved in. A brief but such an enriching meeting and a wonderful way to end our week!



A delegation of 4 Heritage students represented the school and the country at the Tournament of Champions, the final round of the World Scholars Cup in New Haven, Connecticut, USA. The competition was held at Yale University.

The trip was a 10-day adventure to the United States which alone was an outstanding experience for our learners and families that accompanied them.

The tournament lasted for 7 days, days which were spent from morning till night in WSC activities. The students had scavenger hunts in the parks and the New Haven city centre that helped them get more acquainted with the place. They had talent shows, where they could show their talents, cultural activities such as the WSC Cultural Fair, where they could learn about the culture and traditions of the 52 participating countries, meet new people and make new friendships.

On one of the days, the students were offered a Boston tour, visiting Boston's historical places and the campuses of Harvard University and the Massachusetts Institute of Technology. The students were lucky to see the beauty of New England in its most beautiful season - in autumn!

The students got to explore New York on their way back home as well, being stunned at how huge this global city is, with its impressive skyscrapers, vibrant colours, diversity and music, not to mention its iconic parks!

The competing days were full of adrenaline! The team debates, scholar's bowl, collaborative writing, or scholar's challenge were all about teamwork, knowledge and critical thinking skills. The best students in the world were gathered inside the walls of Yale University to put their astute minds to the test.

The award ceremony gathered all the fast-pounding hearts in the Woolsey Hall of Yale to announce the results, and the Moldovan team was very proud to obtain 12 silver medals for their performance in the competition.

We were proud to have our delegation fly the flag for Moldova and Heritage at this high level of the World Scholar's Cup! Well done, Heritage!





STUDENT LEADERSHIP

For the second year in a row, Heritage International School participated in the International Sir Winston Churchill Debate Competition in Romanian. Our team of 8 delegates competed against strong international schools, such as EIC Marbella, IBSB, Avenor College and St. George's Luxemburg.

Our team returned with two trophies: one team trophy and one for Best Speaker Award. Our students got very positive feedback from the judges and other teams they competed against. We are all very proud of their success and congratulate them on their achievements!



WE RECOMMEND TO READ

- ✓ „Puterea lecturii unei cărți foarte bine scrise este aceea că începeți să gândiți precum autorul.
- ✓ În timp ce sunteți naufragiați pe „Insula Comorii”, voi sunteți Robert Louis Stevenson;
- ✓ în timp ce vă aflați într-o stănsă legătură cu natura la **Walden**, voi sunteți Henry David Thoreau.

Începeți să gândiți așa cum gândesc ei, referințele lor devin ale voastre și le purtați pe acestea cu voi mult timp după ce ați citit cartea respectivă.“ (din cartea „Trezește uriașul din tine CARTE AUDIO“)

Cititul te ajută să vezi lucrurile din unghiuri diferite

Când studiezi un anumit subiect, prin lectură ai posibilitatea să afli părerea mai multor persoane despre acel subiect și să-l privești din aproape toate unghiurile posibile. Practic cărțile te ajută să afli aproape totul despre un subiect care te interesează și să păstrezi ce crezi că este mai bun.

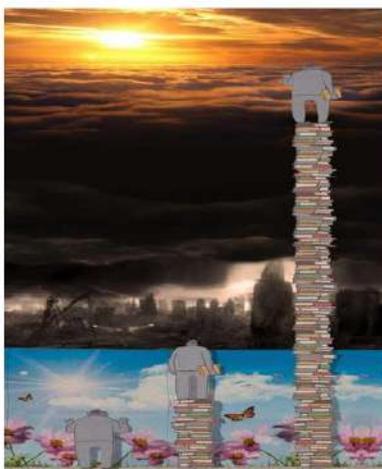
Citirea profundă ne face mai empatici

Atunci când lășăm lumea reală în urmă și ne conectăm cu personajele dintr-o poveste în noi sunt stărnite multiple emoții. Acest lucru, la rândul său, ne face mai empatici față de ceilalți în viața reală și mai conștienți de felul în care se simt. Mai multe despre empatie și compasiune puteți descoperi în *Arta fericirii – Manual de viață*, de Dalai Lama și Howard C. Cutler. Dar putem privi și experiența lumii prin ochii lui Harry Potter sau Jane Eyre care ne ajută să învățăm să vedem lumea din perspectiva familiilor, prietenilor și colegilor noștri.

Lectura reduce stresul

Un alt efect al lecturii este că poate reduce stresul. Cercetarile au demonstrat că doar 30 de minute de citit pot scădea tensiunea arterială, ritmul cardiac și sentimentele de suferință psihologică.

Un alt studiu a descoperit că lectura este cea mai bună modalitate de a reduce stresul – în comparație cu o plimbare, o ceașcă de ceai sau cafea sau jocuri video. Studiul a demonstrat că șase minute de lectură pot fi suficiente pentru a reduce nivelul de stres cu mai mult de două treimi. „A te pierde într-o carte este relaxarea supremă”, a spus dr. David Lewis, neuropsihologul cognitiv care a condus studiul. Alți cercetători au descoperit că unele cărți au chiar un impact măsurabil asupra depresiei sau a altor tulburări de dispoziție.



Ученые давно выяснили как сохранить ясность ума на протяжении всей жизни: нужно постоянно развивать свой мозг. Один из лучших способов делать это — регулярно и вдумчиво читать.

1. Чтение книг увеличивает словарный запас
Когда вы читаете произведения разных жанров, то сталкиваетесь со словами, которые обычно не используются в повседневной речи. Если какое-то слово вам незнакомо, совсем не обязательно искать в словаре его определение. Иногда о значении термина можно понять по содержанию. Чтение помогает не только в увеличении словарного запаса, но и повышает вашу общую грамотность.

2. Чтение помогает общаться с людьми

За счет чтения повышается не только грамотность, но и ваши речевые навыки — способность четко, ясно и красиво формулировать свои мысли. Уже после прочтения нескольких классических произведений в вас повысится талант рассказчика. Вы станете более интересным собеседником, производя особенно большое впечатление на тех людей, которые не читают вообще.

3. Чтение добавляет уверенности

Чтение книг делает нас более уверенными. Когда в разговоре мы демонстрируем высокую эрудицию и глубокое знание того или иного предмета, то невольно ведем себя более уверенно и собранно. А признание окружающими ваших познаний положительно сказывается на самооценке.

"Great books help you understand, and they help you feel understood."

John Green

Reading has been shown to have many benefits, including stress reduction, memory improvement, vocabulary expansion, and improved concentration and focus. Beyond that, it helps provide an escape from the grind of daily life.

One of the key benefits of reading is that it helps us to communicate better.

How? Reading every day can improve our communication skills in a few ways. For example, reading can influence your writing and increase your vocabulary.

When we read well-written work, we naturally observe its writing style, cadence, and composition. These characteristics inevitably seep into our writing, in the same way that musicians are influenced by each other.

What's more, studies show that those who read regularly tend to develop large vocabularies.

Finally, don't forget that reading also helps improve our communication skills by increasing our ability to empathize and understand others.

Long story short? Read more, communicate better, and improve your life!

Read Only What You Are Attracted to

Whether you are reading fiction or nonfiction books, it's important to enjoy what you read. Your friends may recommend books that they love, but those books might not necessarily be the ones you enjoy.

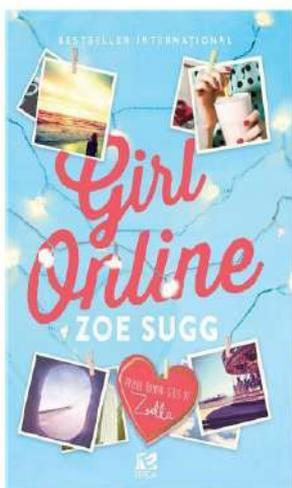


Sources:

<https://psyfactor.org/news/goodreading.htm>

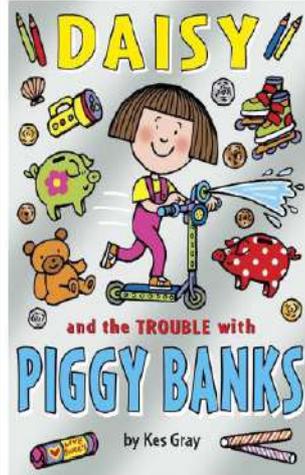
<https://www.oberlo.com/blog/benefits-of-reading-books>

<https://sturz.ro/11-motive-pentru-care-recomandam-cititul/>



**Zoe Sugg
Girl Online**

It's a book about generation in the online environment.



**Gray Kes
Daisy and the Trouble with Piggy Banks**

This is an EXCELLENT children's book. Daisy is an enterprising young girl who is desperate to earn some money so she can buy a squirting micro-scooter just like her friend Gabby's.

**Роальд Даль
Чарли и большой
стеклянный лифт**

Всем любителям
Роальда Даля!!!
Приятное продолжение
"Шоколадной фабрики".



**Aprilynne Pike
Aripi**

"Aripi", este un fel de basm modern, ce încearcă să te transpună în lumea minunată a zânelor și a trolelor.



**Грег Вайсман
Traveler
Путешественник**

Сказка про мальчика – путешественника, который ищет путь домой и по пути знакомится с различными персонажами.



**Anna Gavalda
35 de zile de speranță**

Este o carte pentru cititori, cărora le place să meșterească, și să pună fantezia în mișcare pentru a confecționa jucării cu mâinile proprii. Așa este și personajul cărții – Gregoire.

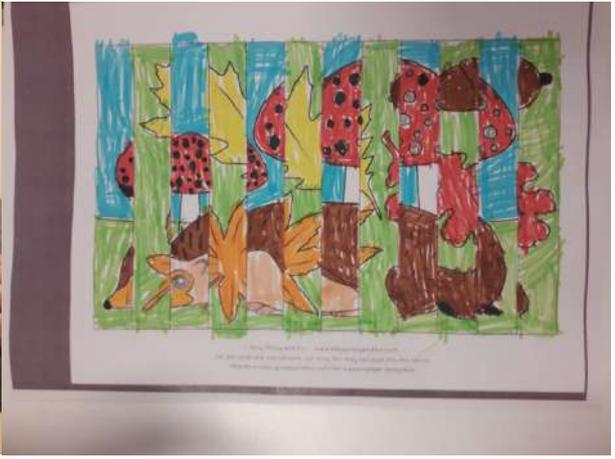
HERITAGE CREATIVITY

Heritage Poetry Competition, preselection for the COBIS Poetry Competition



2 E students learned about agamograph and created their own ones



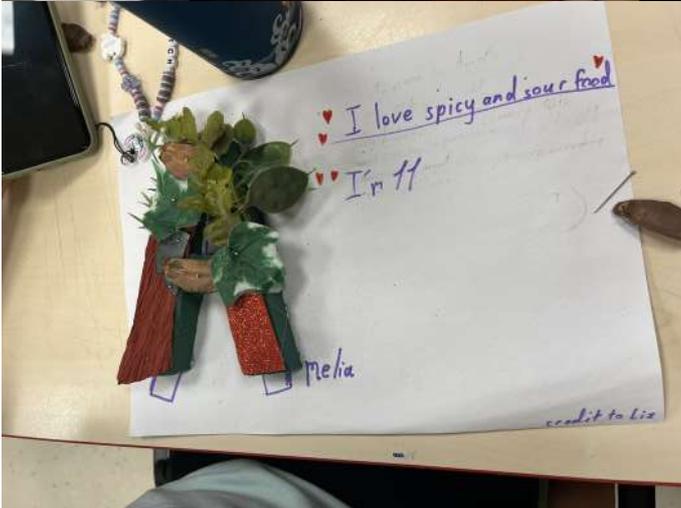
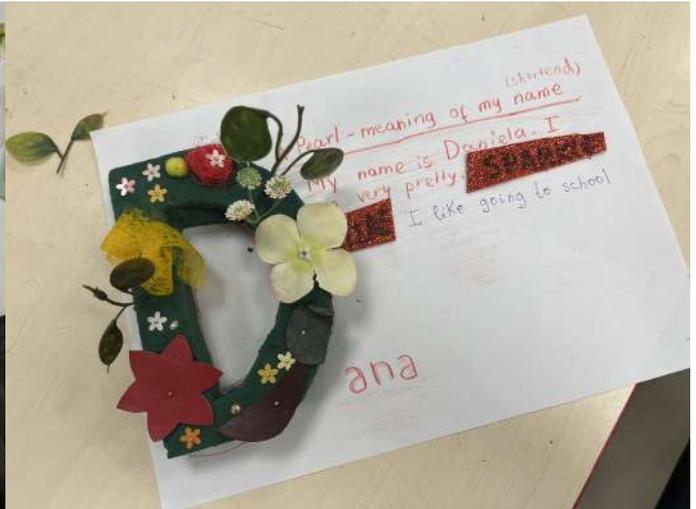
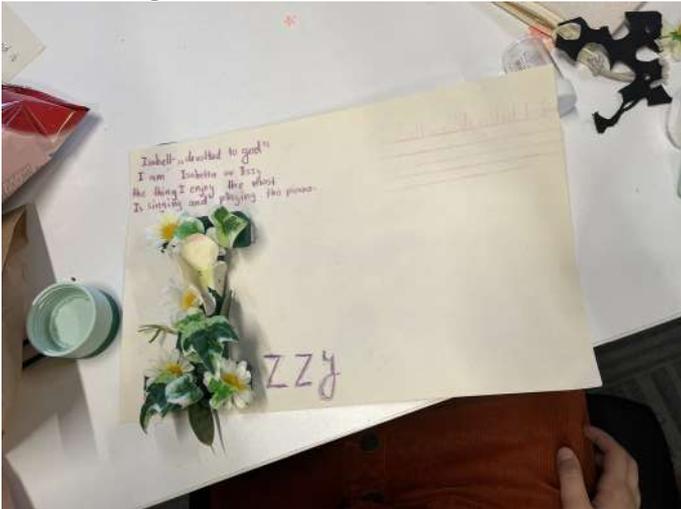


SPORTS, CLUBS and ACTIVITIES

Architecture club



Floral Design Club



Congratulations to the senior basketball team for their victory yesterday evening over Cehov Lyceum

A huge thanks to Coach Andrei and everyone involved for a thrilling game last night that saw our senior team win 80-50. Great play in particular from Radu, Mert and Alex.



SCHOOL INFORMATION

The Heritage 10 Golden Rules

<https://docs.google.com/document/d/19a84QG84nwA-RrbVDPwo9rDDn0SH1QfSAz6aq4F9JIo/edit>

The Heritage 10 Golden Rules



HERITAGE
International School

We want everyone to enjoy Heritage International School and have a successful, fulfilling and rewarding academic year. To all those joining us for the first time and those who come to regular school at Heritage, we are all members of Heritage for the time we are here and we all follow the same code of respect to make sure everyone is kept safe and we enjoy our school.

1. WE LISTEN TO & RESPECT THOSE LOOKING AFTER US, TEACHING US AND ALWAYS FOLLOW THEIR INSTRUCTIONS

5. THE WAY WE SPEAK TO EACH OTHER AND THE WORDS WE USE ARE THE RIGHT ONES

2. WE RESPECT AND LOOK AFTER EACH OTHER AS STUDENTS OF HERITAGE. WE ARE A CARING COMMUNITY.

3. IF WE ARE NOT SURE, WE ASK ONE OF OUR TEACHERS OR SUPPORT STAFF.

4. WE ARE ALWAYS AWARE OF BEING SAFE ESPECIALLY AROUND PHYSICAL & PRACTICAL ACTIVITIES

6. IF SOMEONE IS NOT WELL OR UNHAPPY, WE LET ONE OF THE ADULTS LOOKING AFTER US KNOW

7. WE MAKE SURE WE HAVE THE RIGHT CLOTHES AND EQUIPMENT FOR EACH DAY.

8. WE MAKE SURE WE ARE ON TIME AND IF WE ARE LATE WE MAKE SURE PEOPLE LOOKING AFTER US KNOW.

9. WE ARE RESPONSIBLE FOR OUR BEHAVIOUR AS A STUDENT OF HERITAGE.

10. WE MAKE SURE WE ENGAGE IN OUR LEARNING, GROW IN OUR KNOWLEDGE AND UNDERSTANDING, ACHIEVE OUR BEST AND POTENTIAL, BE A CONTRIBUTING AND VALUED MEMBER OF OUR COMMUNITY, AND GET THE MOST OUT OF OUR SCHOOL OPPORTUNITIES.

School Improvement Priorities Headlines 2023-24:

<https://docs.google.com/document/d/1DT0Cx-vFBrTuxuQK3znedxCuifXHrIk9oQtq6dNbFaY/edit?usp=sharing>

Vision and Aims:

Sustaining our ambitious culture and vision for World Class education as a growing international school in Moldova to meet future challenges.

A belief in people as our best assets and a positive school culture - Cohesion, Community, Communication, Compassion, Care

A leading innovative school and World Class, professional educational organisation in Moldova, Europe & Globally

A World Class, nurturing, outward facing 21st Century curriculum & learning for all that prepares students confidently for the challenges of the future as global citizens, socially responsible & leaders in their communities.

Outstanding innovative teaching and learning – a professional learning community that is adaptable to face uncertainty with certainty for our community. A servant team leadership culture that prepares leaders..



Student Progress, Personal Development, Attainment & Achievements

School Improvement Priorities for 2023-24

Key framing Questions for all staff

How do we measure our key outcomes?
Is safeguarding & Child Protection effective?
Are we preparing our young people for the challenges they face in a global society?
Are compelling learning and innovative opportunities at the heart of our education?
How are we responding to global challenges to ensure trust, confidence and responsiveness which allows quality meaningful education to continue?
How are we growing a responsive, sustainable and professional organisation?
How are we communicating effectively?
How are we supporting the development of wider education in Moldova, Europe & Globally?
What value do our partnerships & network bring?
Do we challenge ourselves enough? Who challenges us?
Do we know what outstanding international education looks like? Are all our people for "Heritage"? How do we grow them?

1 Leadership, Organisation & Governance

2 Quality of Teaching, Learning, Assessment and curriculum

3 Personal Development, Growth, Nurture, Wellbeing, effective & challenging learning environment

4 Successful Outcomes for Students as active citizens, fulfilled, balanced life long learners

Preparing students for the future; skills, qualifications & wellbeing

A Professional Learning Community

Wider Community Partnership & Engagement

Towards a sustainable, global & digital future

Systems and Strategies for Success

Compelling & Inclusive Learning for All

Qualifications & Skills through holistic, challenging & rigorous education

A World Class School that is outward facing

Supporting & sharing innovation with our education communities

Developing future leaders & global citizens linked to careers/Higher Ed

To link the wider curriculum to the formal, daily classroom for holistic education

Our ethos and values as an international school permeate everything we do in our school culture

To recruit and retain the best people and to invest in skills and leadership for the future

To have a clear focus on CPD & Appraisal that develops all staff in our schools

To have an organisation that wants ideas and individuals.

An effective quality assurance system.

We are a school people want to align with & be part of our community

Our communities working with us for all students

To continue to find ways to engage and bring all our communities together

Recognising that there is no "typical Heritage student" in our communities, remaining responsive to all Heritage families

To ensure any partnership is reciprocal & benefits our education model, ethos & values

Our education is about substance not gimmicks

We continue to develop as a unique, innovative international school in Moldova

We build on our legacy but we look outward and forward for our education, not backwards.

We embrace these aspects as part of our mission to prepare for the future

To continue to meet and adapt to the anticipated challenges of the 2020s with success

Our organisation is held against the highest standards of a World Class school delivering international education

Our duty of care is for a safe, happy and caring environment for all students

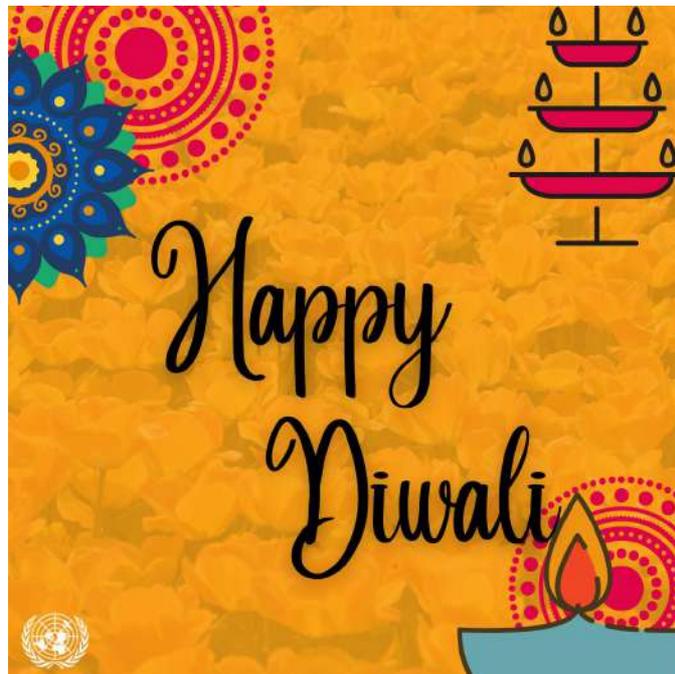
Our organisation operates effectively and efficiently based on structure, systems and policies

Diversity, equality, kindness, respect, global citizenship, trust, honour, leadership, social responsibility, are the hallmark of our education

Our teachers, staff and community uphold these values and we live them daily in our school culture

To continue our success in bringing the World into classrooms daily for all.

A focus on celebrating key moments in education & school life



New Ways November 2023

MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1 Make a list of new things you want to do this month

2 Respond to a difficult situation in a different way

3 Get outside and observe the changes in nature around you

4 Sign up to join a new course, activity or online community

5 Change your normal routine today and notice how you feel

6 Try out a new way of being physically active

7 Be creative. Cook, draw, write, paint, make or inspire

8 Plan a new activity or idea you want to try out this week

9 When you feel you can't do something, add the word "yet"

10 Be curious. Learn about a new topic or an inspiring idea

11 Choose a different route and see what you notice on the way

12 Find out something new about someone you care about

13 Do something playful outdoors - walk, run, explore, relax

14 Find a new way to help or support a cause you care about

15 Build on new ideas by thinking "Yes, and what if..."

16 Look at life through someone else's eyes and see their perspective

17 Try a new way to practice self-care and be kind to yourself

18 Connect with someone from a different generation

19 Broaden your perspective: read a different paper, magazine or site

20 Make a meal using a recipe or ingredient you've not tried before

21 Learn a new skill from a friend or share one of yours with them

22 Find a new way to tell someone you appreciate them

23 Set aside a regular time to pursue an activity you love

24 Share with a friend something helpful you learned recently

25 Use one of your strengths in a new or creative way

26 Try out a different radio station or new TV show

27 Join a friend doing their hobby and find out why they love it

28 Discover your artistic side. Design a friendly greeting card

29 Enjoy new music today. Play, sing, dance or listen

30 Look for new reasons to be hopeful, even in tough times



ACTION FOR HAPPINESS

Happier · Kinder · Together

UPCOMING EVENTS

THANKSGIVING FOOD DONATIONS FOR LA VIA COMMUNITY CENTRE JOIN US IN MAKING A FAMILY'S CHRISTMAS EXTRA SPECIAL!

This Thanksgiving, we invite you to donate gifts of non-perishable food for La VIA community centre. La VIA cares for children from socially vulnerable backgrounds in Botanica. Your donations will be packaged into food parcels to be given to their families this Christmas.

Suggested food items to donate:

Flour, pasta, rice, malai, hrisca, couscous, oats, cooking oil, cans of tinned fish/meat, pasta sauce, cans of vegetables (peas, corn, beans, tomatoes), jars of pickled vegetables (tomatoes, cucumbers), tea, sugar, juice, condensed milk, jam, biscuits, sweets, chocolate etc.

Please bring your donations to Reception from Monday 20th November - Friday 24th November. Thank you!



UPCOMING EVENTS

Primary Checkpoint (Year 6E)

Mock Exams 1

Dates: 27 - 29th November 2023

Date of Exams & format of papers			
Year 6E	Monday November 27, 2023 Cambridge Primary English Paper 1 Reading (50 minutes) Paper 2 Writing (50 minutes)	Tuesday November 28, 2023 Cambridge Primary Mathematics Two Complete Sets of: Paper 1 (50 minutes) Paper 2 (50 minutes) * Use of a calculator is permitted in Paper 2 only.	Wednesday November 29, 2023 Cambridge Primary Science One Complete Set Paper (60 minutes) consists of: Paper 1 Paper 2

MOCK TESTS 1 for CHECKPOINT CLASSES (6E, 8A, 8B & 9E)

Mock tests for Primary and Lower Secondary Classes will be held in the month of November for the subjects of Mathematics, English, Science and English as a Second Classes.

All classes will sit for Science and Mathematics. Students of 9E and 6E will sit for English. The students of 8A/8B will sit for English as a Second Language.

Here are the dates for the mock tests of checkpoints:

Lower Secondary Checkpoint (Years 8A/8B/ 9E)

Mock Exams 1

Dates: 20 - 24th November 2023

Exam Date	Session (AM/PM)	Exam Start / Finish Time	Class	Syllabus Title	Venue	Lesson
20 Nov 23 (Mon)	AM	8:45AM-9:20AM (Paper 3) (35 minutes)	Year 8A and 8B	English as a Second Language Paper 3 Listening (35 minutes)	305	1 - 2
	AM	8:45AM-9:55AM (Paper 1 & 2) (70 minutes)	Year 9E	English Paper 1 & 2 (70 minutes)	312	1 - 2
21 Nov 23 (TUE)	AM	8:45 AM-9:30 AM (Paper 1 & 2) (45 minutes)	Year 8A and 8B	Mathematics One Complete Set of: Paper 1 & 2 (45 minutes)	305	1 - 2
	AM	8:45 AM-9:30 AM (Paper 1 & 2) (45 minutes)	Year 9E		203	1 - 2
22 Nov 23 (WED)	AM	8:45 AM - 9:45 AM (Paper 1 & 2) (60 minutes)	Year 8A and 8B	Science One Complete Set Paper of: Paper 1 & Paper 2 (60 minutes)	305	1 - 2
	AM	8:45 AM - 9:45 AM (Paper 1 & 2) (60 minutes)	Year 9E		215	1 - 2
24 Nov 23 (FRI)	AM	8:45AM - 10:20 AM (Paper 1 & 2) (95 minutes)	Year 8A and 8B	English as a Second Language: Paper 1 Reading (45 minutes) & Paper 2 Writing (40 minutes)	305	1 - 3

UPCOMING EVENTS

20th-24th November 2023

Maths Week

1st- 3rd December 2023

COBIS Virtual Debate Competition

4th-10th December 2023

History Week

10th December 2023

Human Rights Day

<https://www.heritage.md/en/learning/academic-calendar>

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